



Cat Spay Discharge Instructions

We appreciate your commitment to your pet's health. The surgery your pet received today will prevent many diseases, such as mammary cancer and ovarian cancer. Spaying also saves lives by reducing the number of unwanted cats that are euthanized every year due to overpopulation. Thank you for doing your part. Here is some information to consider during your pet's recovery:

- **Most cats do quite well after surgery.** If your cat does not, please let us know what is going on. Some cats are groggy after surgery and do not eat the first night they go home. For the first night home, only offer small amounts of food and water (about half of what you normally offer). **She should feel good, she should eat well, and her incision should not be red, swollen, or oozing.** If you notice any vomiting, lethargy, poor appetite, leaking or oozing from the incision, please call us right away.
- **Exercise restriction is important for the first week.** Moderate exercise is allowed, but we recommend that your pet avoid strenuous activity and minimize any rough play as much as possible.
- **At least once a day look at her incision.** Make sure she is not chewing or licking it. If you see your cat lick the incision (even once!) she must wear a "lampshade collar" at all times (also known as an Elizabethan Collar). You can purchase one from our hospital. The incision should not appear red or infected. It should be dry and clean. You do not need to put anything on the incision. We do not recommend cleaning the incision, because it can slow down healing. If necessary, you may clean the incision with warm water and a soft cloth.
- There will be no stitches to worry about but **if anything is concerning you we will gladly take a look!** This is usually a free visit, but we do ask that you call ahead and schedule an appointment - **250-371-3236**.